



**ACTIVITY REPORT**  
(2021 - 2022)

**I. Basic Details:**

<b>Name of the Activity: Awareness Program on Health and Hygiene</b>			
<b>Date</b>	<b>Faculty</b>	<b>Department/ Committee</b>	<b>Coordinator Name &amp; Phone no.</b>
19/05/2022	-----	NSS	Dr. Aafreen A. Ahmed
<b>Time</b>	<b>Venue</b>	<b>Activity for class/ group student number</b>	<b>Nature: Academic/co- curricular / extracurricular/ Environmental/ social/ other</b>
10.00 am -12noon	Hall no 101	All students / 216; 08 teaching & 06 non teaching staff	Extra curricular

**II. Brief Information about the Activity (Criterion no - )::**

<b>Topic/ Subject of the activity</b>	Awareness Program on Health and Hygiene
<b>Objective for conducting the activity</b>	Imparting education on female health and hygiene
<b>Methodology</b>	PowerPoint presentation
<b>Outcome</b>	Girl students received information on cleanliness and care of body. They also got gift hampers.

**III. Proofs attached: letters/ student list of participation/ certificate/  
document/photos/ any other**

<b>1. Notice</b>	<b>2. Attendance</b>	<b>3. Photos</b>
<b>4. Report</b>	<b>5.</b>	<b>6.</b>

## **Awareness Program on “Health & Hygiene” by Procter & Gamble & Gillette:**

**19/05/2022:** Girl child is the focus of many Government schemes and NGOs. Their health is the major concern. Thus, an awareness program on “Health & Hygiene” sponsored by Procter & Gamble was organized by NSS and IQAC of AKI’s Poona College of Arts, Science & Commerce on 19<sup>th</sup> May, 2022. The representatives of Procter & Gamble connected with NSS Program Officer to conduct the program for college girl students. Through Power Point presentation, girl students were given information on personal hygiene and precautions while using sanitary napkins by NSS PO Dr. Aafreen A. Ahmed. She elaborated on the various aspects of cleanliness during menstrual cycle and nutrition.



## **19/05/2022: Awareness Program on “Health & Hygiene” by Procter & Gamble & Gillette.**

The session was open to interactions. All queries were answered so that girls went satisfied, clearing misconceptions and myths surrounding menstrual cycle and use of sanitary pads. They were given free gift-samples from Procter & Gamble and Gillette. 216 girl students, 8 teaching staff and 6 non-teaching staff benefitted from the program.



**19/05/2022: NSS Program Officer Dr. Aafreen A. Ahmed briefing girl students on personal hygiene**



**19/05/2022: NSS Program Officer and staff distributing gift hampers to girl students.**



Anjuman Khairul Islam's

## POONA COLLEGE OF ARTS, SCIENCE & COMMERCE

- Affiliated to Savitribai Phule Pune University: ID No PU/PN/ASC/023/1970
- Junior College Index No: J-11.15.004
- Government of Maharashtra and Savitribai Phule Pune University Recognized Minority Institute
- UGC - 2(f) & 12 (B) Status • NAAC Re-accredited College • DST - FIST Funded College



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# NOTICE

15/05/2022

## Awareness Program on Health & Hygiene

All the girl students of Poona College of Arts, Science & Commerce are advised to attend an Awareness Program on Health & Hygiene organized by NSS in association with Procter & Gamble and Gillette.

**Date:** 19/05/2022.

**Reporting Time:** 10.00 am (IST)

**Venue:** Hall No: 101.

**Prof. (Dr.) Aftab Anwar Shaikh**

Principal


# AKT's Poona College of Arts, Science & Commerce, Pune-01

## Attendance Sheet

Date of Activity: <u>19-05-2022</u>		Time Slot: <u>10am - 12:00 noon</u>	
Activity Name: <u>Awareness program on Health &amp; Hygiene by P&amp;G.</u>	Teacher's Incharge: <u>Dr. Safreen A. Ahmed</u>		
	Organizing Dept/Committee: <u>NSS.</u>		Guest: <u>---</u>
Total Number of Students Attended: <u>216</u>		Report Generated by: <u>Dr. Safreen</u>	

Sr.No	Name	Class	Roll No	Signature
1.	Shaikh Tasmiya Javed	FYBSc	6857	Tasmiya
2.	Morim Meera	TYBCS	9008	Meera
3.	Mishbah Shaikh	FYBSc	6899	Mishbah
4.	Saniya Pathan	FYBSc	6960	Saniya
5.	Sahna Jubeen M.D.G.	SYBSc	8806	Sahna
6.	Jidge Sadiya Md Yusuf	FY-BSc	6853	Sadiya
7.	Bogdi Farha	FY-BSc	6910	Farha
8.	Pathan Afsana	FY-BSc	6907	Pathan
9.	Pathan Muskan	FY-BSc	6908	MUSKAN
10.	Chaudhari Inam	FY Bcs	8706	Inam
11.	Khan Shifa Rasool	TYBCA	6627	Shifa
12.	Shaikh Afiya Aziz	TYBCS	9114	Afiya
13.	Mahak Sameer Shaikh	SYBCS	8824	Mahak
14.	Shaikh Masira Javed	SYBCS	8879	Masira
15.	Pathan Niya	CYBCA	6513	Niya
16.	Pathan Sadiya	CYBCA	6514	Sadiya
17.	Mahak Shaikh	TYBCS	9142	Mahak
18.	Talwarum Shaikh	TYBCS	9154	Talwarum
19.	Ahena Khan	TY Bcs	9035	Ahena
20.	Sadiya Shaikh.	SYBCS	8977	Sadiya
21.	SHAIKH ZIKRA	TYBCA	6638	Zikra
22.	Sharween Qureshi	TYBCA	6638	Sharween
23.	Javeriya Panwar	TYBCA	6636	Javeriya
24.	Safora Shaikh	FYBCS(CS)	8645	Safora

~~25~~ 25. Zoya Shozad Qureshi / FYBA / 40

 Signature of Faculty Incharge

**AKI's Poona College of Arts, Science & Commerce, Pune-01**

**Attendance Sheet**

Date of Activity: 19-05-2022		Time Slot: 10 am - 12 noon	
Activity Name: Awareness program on "Health & Hygiene" by AKI	Teacher's Incharge: Dr. Safreen A Ahmed		
Organizing Dept/Committee: NSS	Guest: -		
Total Number of Students Attended: 216	Report Generated by: Dr. Safreen		

Sr.No	Name	Class	Roll No	Signature
25	Anvari Sadiya Akhat	SYBSC	7507	Sadiya
26	Peerzade Saniya Jabal	SYBSC	7511	Saniya
27	Shaikh Alshifa Nazir	SYBSC	7518	Alshifa
28	Shaikh Zonal Mohd Ali	FYBSC	6961	Zonal
29	Tajmat Rafiya Shafi	FYBSC	6957	Rafiya
30	Anvari Mubab Mohd Fayaz	Fy BSc	6887	Mubab
31	Riya Ravi Pillay	FYBSC	7515	Riya
32	Mahesh Shaikh Shaikh	FYBSC	6918	Mahesh
33	Shanti Satish Borse	FyBSc	6913	Shanti
34	Shaikh Zainab Ishmat	FYBSC	8735	Zainab
35	Iqra Abdulmashid Hippiangi	FYBSC	8738	Iqra
36	Allia Mutani	TYBCS	9062	Allia
37	Rida S Patel	TYBCS	9059	Rida
38	Shaikh Tahreen	FYBA	266	Tahreen
39	Khan Saniya	FYBA	312	Saniya
40	Shaikh Akifa	FYBA	322	Akifa
41	Anvari Sidra	FYBA	276	Sidra
42	Khat Bazila	FYBsc	6869	Bazila
43	SHAIKH RAZIYA -N-	F.Y. BSc.	6933	Razila
44	Nadaf Aquida M.	FYBCA	6435	Aquida
45	Dange Amrin Amarfaul	FYBcs	8718	Amrin
46	Shaikh Aliya Rafique	FYBCS	8766	Aliya
47	Khan Masira Khalid	FYBSC	6715	Masira



AKI's Poona College of Arts, Science & Commerce, Pune-01

Attendance Sheet

Date of Activity: 19-05-2022	Time Slot: 10am - 12:00 noon
Activity Name: Awareness program on Health & Hygiene by P&G	Teacher's Incharge: Dr. Safreen A. Ahmed
Organizing Dept/Committee: NSS	Guest: -
Total Number of Students Attended: 216	Report Generated by: Dr. Safreen

Sr.No	Name	Class	Roll No	Signature
48	Shaikh Saba Akram	FYBES	8711	Saba
49	Vijapurkar Arjun Shabil	FYBCS	8723	Arjun
50	Shaikh Husna Rashid	FYBCS	8613	Husna
51	Khan Nizafatima Rawal	FYBCA	6419	Niza
52	Waddo Alfiya Yasin	SYBCA	6551	Alfiya
53	Aufiyung Allah Shah	SYBCA	6530	Aufiyung
54	Sayed Aysha	SYBVS	69609	Sayed
55	Shaikh Sabir Naushad	FYBSC	8727	Sabir
56	Khan Madiha Talil	F.Y.B.Sc	6882	Mkh
57	Tamboli Alisha Rijaz	F.Y.B.Sc	8150	Alisha
58	Afshan. Tahid Shaikh	FYBCS	8762	Afshan
59	Fatama Mansuri	FYBA	78	Fatama
60	Ansari Anaysha Md. Muzannil	F.Y.B.Sc	6713	Anaysha
61	Shaikh Fiza Nisaa	F.Y.B.Sc	6876	Fiza
62	Cradhori Swalika Shabanawaj	F.Y.B.Sc	6778	Swalika
63	Shaikh Uzma Sameer	F.Y.B.Sc	6780	Uzma
64	Shaikh Mithat Fatima	F.Y.B.Sc	6705	Mithat
65	Rawoot Iqra Mooka	FYBSc	6705	Iqra
66	Ilma Masood Ahmed	FYBSc	6712	Ilma
67	Sayed uyal Jiwani	FYBSc	6911	Uyal
68	Shaikh Aliya Rakaid	FYBA	27	Aliya
69	Taheseen Shaikh	F.Y.B.A.	115	Taheseen
70	Ansari Bushra Rizwan	SYBCS	8961	Bushra
71	Sarah Ammar Ansari	SYBCS	8901	Sarah



# AKI's Poona college of Arts, Science & commerce, Pune-01

## Attendance Sheet

Date of Activity: 19-05-2022		Time Slot: 10am to 12 noon	
Activity Name: Awareness program on Health & hygiene by PSC	Teacher's Incharge: Dr. Safreen A. Shrivastava		
Organizing Dept/Committee: NSS	Guest:		
Total Number of Students Attended: 216	Report Generated by: Dr. Safreen		

Sr.No	Name	Class	Roll No	Signature
1.	Khan Anam Mukhtar	SYBCOM <sup>(A)</sup>	3869	
2.	Qureshi Muskan Salim	SYBCOM <sup>(A)</sup>	3901	
3.	Nita. Shaikh	FYBI <sup>2+</sup>	47	
4.	Khan Ruqayya	FYBA	313	
5.	Sache Amrin Jalil	FYB <sup>(SD)</sup> OC	9313	
6.	Nitika Subhash Kumbale	FY.BSC(A)	6717	
7.	Shaikh Ayesha Magbool	FY.BACA	15	
8.	Sayyid Rupaia Moin	FY.BAU	82	
9.	Kuchwaha Purnan Pharamdas	FYBSC(C)	9143	
10.	Shaikh Sania Kadus	F.Y B.VO(S)	9327	
11.	Heena Patel	F.Y. B.VO(S)	9317	
12.	Hafsa Shaikh	FYBCA	6421	
13.	Zayna Sayyad	F.Y. B.VO	9302	
14.	Admara Patel	FY.BCA	0536	
15.	Saima Qureshi	SYBCA	75	
16.	Indhira Chaitel	SYBCA	14.	
17.	Qureshi Simran	FYBSC	6802	
18.	Pia Dastmuth	FYBSC	6804	
19.	Kheer Madha	FYBSC	6806	
20.	Bhelme Pustim	"	6808	
21.	Shahina	FYBCA	6465	
22.	Shahina Kumbale	FYBCA	6409	
23.	Sheikh Khadija	FYBSC	6706	
24.	Mehwish Patil	FYBSC	8636	
25.	Khan Mahak	FYBcom	5609	



**AKI's Poona College of Arts, Science & Commerce, Pune-01**

**Attendance Sheet**

Date of Activity: 19-05-2022 Time Slot: 10 am - 12 noon

Activity Name: Awareness program on Health & Hygiene by P&G Teachers/Incharge: Dr. Safreen A. Ahmed

Organizing Dept/Committee: N.S.S Guest: --

Total Number of Students Attended: 216 Report Generated by: Dr. Safreen

Sr.No	Name	Class	Roll No	Signature
6504	Nayasha John Gunraj	SYBBA(A)	6504	Nayasha.
2	Indya hatim Kanchwala	SYBBA(CA)	6506	Indya
3	Naynika John Gunraj	SYBBA(CA)	6508	Naynika
4	Misbah Sayyed	SYBBA(A)	6526	Misbah
5	Fahat Sayyed	SYBBA(CA)	6525	Fahat
6	Aqsa shaukat pardesti	Fybs(A)	8615	Aqsa
7.	Siddiqui Taskeenaz	Fybs(A)	8631	Taskeenaz
8.	Sobiya Samra Shaikh	M.COM	5824	Sobiya
9.	Afreen Tausif Shaikh	M.COM	5823	Afreen
10.	Saniya Shaikh	Fybs(CA)	8839	Saniya
11.	Juwariya Shaikh	Fybscom(A)	2385	Juwariya
12	Tulve Saniya	TY BSc(200)	8075	Tulve
13	Sarguru Mahiya	FYBS(200)	8067	Sarguru
14	Teerzade Zoya Asif Ali	FYBA	10	Zoya
15.	Nigar Ansari	FYBA	95	Nigar
16.	Shaikh Ishrat Murtaza	FYBA	14	Ishrat
17.	Zoya. Shaikh Kafar.	TYBA.	1309	Zoya
18.	Ayesha Shaikh	TYBBA(CA)	6631	Ayesha
19.	Ayesha sayyed	Fybsc(B)	6864	Ayesha
20.	Mantasha Ansari	Fybsc(B)	6868	Mantasha
21.	Ansari Aksha Abid.	SYBA(B)	802	Aksha
22	Shaikh Saima Yunus	SYBA(B)	843	Saima
23	Priyanka Pandurang Durgale	SYBSC	7520	Priyanka
24	Poonam Udaykumar Bhandar	SY-BSc	7504	Poonam

P & G PROGRAM.

Name	Class	Sign
1. Maabasha Faheen Mohamed Imran Shaikh (6875)	F.Y. BSC	Maabasha
2. Sara Muso Khan	S.Y. BCOM.D	Sara
3. Sumaiyya Sayyed	T.Y. BSC	Sumaiyya
4. Rukaiya Anvari	T.Y. BSC	Rukaiya
5. Khan Neha Zahrah	S.Y. BA	Neha Zahrah
6. Nabina Afiya Sameer	S.Y. B.A	Nabina Afiya
7. Shaheena Mehboob Khan	S.Y. B.A	Shaheena
8. Saakha Parthekar	F.Y. B.VOC	Saakha
9. Bhavana Anand Mehta	F.Y. B.COM	Bhavana
10. Selviangel Swamy	S.Y. BSC	Selviangel
11. Khara Azma Anjad	F.Y. BCOM	Khara
12) Nabila Firoz Tamboli	S.Y. BSC(CS)	Nabila
13) Shahida Harun Shaikh	S.Y. BBA(CA)	Shahida
14) Khushi Parzana	F.Y. BA	Khushi
15) Jawahar Seema	S.Y. BA	Jawahar
16) Sahar Sayyed	T.Y. B.COM	Sahar
17) Shaikh Shifa	F.Y. BBA(CA)	Shaikh Shifa
18) Manin Sara	S.Y. BA	Manin Sara
19) Shaikh Sara	S.Y. BA	Shaikh Sara
20) Shaikh Muskan	F.Y. BBA(CA)	Shaikh Muskan
21) Zohiya Sayyed	B.Voc S.D	Zohiya
22) Mehwash Shaikh	SYBBA	Mehwash
23) Shaikh Saleha	F.Y. BBA	Shaikh Saleha
24) Iqra Shaikh	SYBBA	Iqra
25) Sakshi Thakredar	F.Y. BBS	Sakshi
26) Zoya Sayyed	F.Y. BSC	Zoya
27) Afa Khan	F.Y. BSC	Afa Khan
28) Trupti S. Chandaliya	F.Y. BSC	Trupti S. Chandaliya
29. Tedkar Rutuja shrawan	F.Y. BSC	Tedkar Rutuja

30	Ansari Sulmuasa	S.Y. B.Com	<del>Salma</del>
31	Shaikh Fatema	F.Y. Bsc (CS)	Yatema
32	Shaikh Babah	F.Y. Bsc (CS)	Shaikh
33	Bhafiya Khasankar	F.Y. Bsc (CS)	Safiya
34	Babude Salaha	F.Y. Bsc (CS)	Salaha
35	Bhote Saniya	F.Y. Bsc (CS)	Saniya
36	Shaikh Muskan	F.Y. B.com	Muskan
37	Tanzeela Shaikh	F.Y. - B.com	Shaikh
38	Nida Attaraut	TYBA	Nidoshah
39	Shaikh Saniya	TY.BA.	Saniya
40	Ansari Suraiyya	S.Y. B.Sc	Suraiyya
41	Shaikh Muskan	S.Y. B.Sc	Muskan
42	Shaikh Fatima Maqsood	S.Y. B.Sc	Fatima
43	Babude Saniya Ubedulla	S.Y. B.Sc	Saniya
44	Ansari Afsreen Khurshid	S.Y. B.Sc	Afsreen
45	Ansari Gulnaaz Masan	S.Y. B.Sc	Gulnaaz
46	Khan Shehnaz Trishad	S.Y. B.Sc	Shehnaz
47	Maseera Shaikh	S.Y. B.Sc	Maseera
48	Neha Yadavi	S.Y. B.Sc	Neha
49	Iqra Khan	S.Y. B.Sc	Iqra
50	Bhishra Sayyad	S.Y. B.Sc	Bhishra
51	Sadiya Mashmi	S.Y. B.Sc	Sadiya
52	Patel Khadija	S.Y. B.Sc	Khadija
53	Aliya Pothan	S.Y. B.Sc	Aliya
54	Fateema Baig	S.Y. B.Sc	Fateema
55	Durgade Priyanka Pandurang	S.Y. B.Sc	Priyanka
56	Sauyed Huella Wasim	S.Y. B.Sc	Sauyed
57	Shaikh Saniya Shahim	S.Y. B.Sc	Saniya
58	Shaikh Jwadairiyah Arif	S.Y. B.Sc	Jwadairiyah
59	Ansari Ruma Shukil	S.Y. B.Sc	Ruma
60	Dhanashree Satish Karkale	S.Y. B.Sc	Dhanashree

61	Shaikh Afshanaz	S.Y (BSc)	Shaikh
62	Khan Anam	S.Y BSc	Shaikh
63	Safiya Sayyed	S.Y BSC	Safiya
64	Sophiya Shaikh	S.Y BSC	Shaikh
65	Angelina Michael	S.Y BSC	Michael
66	Parkash Shaikh	S.Y BSC	Shaikh
67	Khan Alina Asif	S.Y BSC	Alina

# NSS Program. Procter & Gamble.

classmate

Date \_\_\_\_\_  
Page \_\_\_\_\_

Date : 19/05/2022



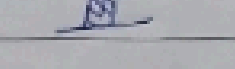

Gr. No.	Name	Class	Roll No.	Sign.
1	Fahim Usman Shaikh	SYBGS	8916	<u>Fahim</u>
2	Khan Samiya Fatima	SYBCS	8903	<u>Khan</u>
3	Guljan Hazara	SYBA	445	<u>Guljan</u>
4	Anustasiya Dovogopd	TYBA	1027	<u>Anustasiya</u>
5	Ansari Mariya Tabasum	SYBCS	8929	<u>Ansari</u>
6	Khan Swetha Zameer	SYBCS	8928	<u>Khan</u>
7	Bagwan Aqsa Ismail	FYBESC	6860	<u>Bagwan</u>
8	Pathan Zeba Masood	FYBSC	6852	<u>Pathan</u>
9	Sayyed Asma Shafi	FYBSC	6861	<u>Sayyed</u>
10	Swetha Chettiar	Sy. BA	448	<u>Swetha</u>
11	Uzma Khan	SY. AA	429	<u>Uzma</u>
12	Shaikh Adan	FY. BCS	8664	<u>Shaikh</u>
13	Shaikh Fatima	F.Y. BSC	6865	<u>Shaikh</u>
14	Shaikh Nishat	F.Y. BCS	8663	<u>Shaikh</u>
15	Chokoli Samiya Aba Salam	S.Y. B. Com.	3854	<u>Chokoli</u>
16	shaikh Bilqis Ismail	S.Y. B. Com	3833	<u>shaikh</u>
17	Khan Asma Anjad.	F.Y BCOM	2326	<u>Khan</u>
18	Asma. S. Mujawar	F.Y. bsc	5720	<u>Asma</u>
19	Muskan Pramod Kumari	TY B. Com	5092	<u>Muskan</u>
20	Saba Das.	TY BCOM	4851	<u>Saba</u>
21	Sophiya Saaj Shaikh	SY BBA	6212	<u>Sophiya</u>
22	Aariba	SYBBA	6211	<u>Aariba</u>
23	Mahak Shaikh	FYBCS	8628	<u>Mahak</u>
24	Meharshi Sayyed	FYBCS	8626	<u>Meharshi</u>
25	chavan chetana Vishal	SYBCOM	3855	<u>chavan</u>
26	Kanchanki Shamaojan	FYBSC	6871	<u>Kanchanki</u>
27	Qureshi Mehak	FYBSC (CS)	8611	<u>Qureshi</u>
28	Shaikh Aysha	FYBSC (CS)	86678	<u>Shaikh</u>

# Awareness Program by P & G.


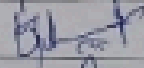




## Faculty

classmate

Date \_\_\_\_\_  
Page \_\_\_\_\_

1.	<u>Name</u>	<u>Department</u>	<u>Sign</u>
1.	Dr. Addeen	Botany	
2.	Ms. Shaheda Ansari	Comp. Sci	
3.	Mrs. Shabeena Khan	Comp. Sci.	
4.	Dr. Shabana Shaikh	BBA - CA & CS	
5.	Ms. Israt Baig	Comp. Sci.	
6.	Mrs. Shaheen		
7.	Dr. Reshma Patil	BBA CA	
8.	Mrs. Sayyed Saima	Electronics	

## Non-Teaching Staff.

1.	Fazida Abdul Shaikh	
2.	Riswana Khat	
3.	Sameera Jamarar	
4.	Shaikh Aysha	
5.	Rubina Shaikh	
6.	Shahreen Khan	



**ACTIVITY REPORT**  
(2021 - 2022)

**I. Basic Details:**

<b>Name of the Activity: Awareness Program on Red Dot Campaign</b>			
<b>Date</b>	<b>Faculty</b>	<b>Department/ Committee</b>	<b>Coordinator Name &amp; Phone no.</b>
31/05/2022	-----	NSS	Dr. Aafreen A. Ahmed
<b>Time</b>	<b>Venue</b>	<b>Activity for class/ group student number</b>	<b>Nature: Academic/co- curricular / extracurricular/ Environmental/ social/ other</b>
12.00 noon -1.30pm	Library	All students / 68	Extra curricular, Social

**II. Brief Information about the Activity (Criterion no - ): :**

<b>Topic/ Subject of the activity</b>	Awareness Program on Red Dot Campaign
<b>Objective for conducting the activity</b>	Spread awareness on the Red Dot Campaign
<b>Methodology</b>	Lecture
<b>Outcome</b>	Girl students received information on the Red Dot Campaign and use of pad vending machine.

**III. Proofs attached: letters/ student list of participation/ certificate/  
document/photos/ any other**

<b>1. Notice</b>	<b>2. Attendance</b>	<b>3. Photos</b>
<b>4. Report</b>	<b>5.</b>	<b>6.</b>



## REPORT: Awareness Program on Red Dot Campaign

**31/05/2022:** Even the most well-meaning of us, dispose our waste without much thought to where it ends up, how and by whom it is handled. Every day, SWACH workers collect 6.5 lakh kilograms of waste from over five lakh houses of Pune, which they hand-segregate into dry and wet waste. Out of that, 3 per cent is sanitary waste, meaning they handle nearly 20 thousand kilograms of dirty diapers and sanitary pads every day, exposing themselves to various diseases, like *Staphylococcus*, hepatitis, *E.coli*, *Salmonella* and typhoid. To tackle this silent and a mounting problem in India, the Red Dot Campaign was formally launched on February 7, 2018 by the Pune Municipal Corporation.

The NSS Unit of AKI's Poona College of Arts, Science & Commerce, Pune organized an Awareness Program on Red Dot Campaign for girl students organized by NSS Unit and IQAC. The guest speaker, a pharmacist and young entrepreneur, Mrs. Anjum Mulani gave a brief introduction on the Red Dot Campaign. She guided girl students to dispose sanitary waste in a proper manner so that it could be identified by rag pickers and save them from health hazards. She emphasized on proper Solid Waste Management at every home, institution, workplace, etc. Her aim was to motivate girls to take forward this revolution in waste management: RED DOT CAMPAIGN.



**31/05/2022: Resource person Mrs. Anjum Mulani with students and NSS program officer Dr. Aafreen A. Ahmed during “Awareness on Red Dot Campaign”**

Students asked queries related to proper choice of sanitary pads and myths related to disposal of pads. She answered each question patiently.

On this occasion, the college authorities installed new Pad Vending Machines. Mrs. Anjum Mulani gave a demonstration of the working of the machine. 68 students benefitted from this program.



**31/05/2022: Resource person speaking about the “Red Dot Campaign” and explaining the working of sanitary Pad Vending Machine.**



Anjuman Khairul Islam's

## POONA COLLEGE OF ARTS, SCIENCE & COMMERCE

- Affiliated to Savitribai Phule Pune University: ID No PUPN/ASC/023/1970
- Junior College Index No: J-11.15.004
- Government of Maharashtra and Savitribai Phule Pune University Recognized Minority Institute
- UGC - 2(f) & 12 (B) Status • NAAC Re-accredited College • DST - FIST Funded College



K. B. Hidayatullah Road, Camp,  
Pune - 411001, (MS), India



+91-20-2645 4240 / 2644 6319.



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### NOTICE

28/05/2022

### Awareness on Red Dot Campaign

All girl students are advised to participate in the *Awareness Program on "RED DOT CAMPAIGN"* organized by IQAC and NSS Unit.

**Day & Date:** Tuesday, 31<sup>st</sup> May, 2022

**Time:** 12.00 noon (IST)

**Venue:** Hall No: 28

**Note:** Attendance for girl students is compulsory.

Prof. (Dr.) Aftab Anwar Shaikh  
Principal



AKI's Poona College of Arts, Science & Commerce, Pune-01

Attendance Sheet for Students

Date of Activity: 31-05-2022 Time Slot: 12noon - 1.30pm  
 Activity Name: AWARENESS ON RED DOT CAMPAIGN Teacher Incharge: Dr. AAFREEN ABRAR AHMED  
 Organizing Dept/Committee: NSS & Guest: Mrs. Anjum Mulani  
 Total Number of Students Attended: 68 Report Generated by: Dr. Aafreen

Sr. No.	Name	Class	Mobile No.	Signature
1	pardesi Aqsa shaukat	Fybc	8766901705	Apardesi
2	Shafiya Rauf Warunkar	Fybc	7822029829	Shafiya
3	Shahid Ayesha Hassan	TYBSC	853056817	Ayesha
4	Sumaiyya Sayyed	TYBSC	845968510	Sumaiya
5	Rukaiya Ansari	TYBSC	8208403734	Rukaiya
6	Saniya Ansari	TYBSC	7972907684	Saniya
7	Fazila	TYBSC	917571110	Fazila
8	Habiba	TYBSC	9579076629	Habiba
9	Phulkome Amruta	TYBSC	8177844739	Amruta
10	Divya S. Badekar	TYBSC	880603629	Divya
11	Payal S. Shitole	TYBSC	9765260641	Payal
12	Mahak. Shaikh	FYBSC	9673278793	Mahak
13	Khan Reshma Niyaz	FYBSC	9021980091	Reshma
14	Khan Susmita Ab Gaffar	FYBSC	7387335588	Susmita
15	Fatima Shaikh	FYBSC	8669806883	Fatima
16	Afa Khan	FYBSC	9096885291	Afa
17	Zoya Sayyed	FYBSC	843272468	Zoya
18	Priya S. Shekhar	FYBSC	9673285493	Priya
19	Tupty S. Chandaliya	FYBSC	906744032	Tupty
20	Pranoti J. Suryawanshi	FYBSC	909684408	Pranoti
22	Todkar Rubia Shravan	FYBSC	937399654	Rubia
23	Kazi Goharraz Abuzar	FYBSC	844640028	Kazi
24	Pathan Muskan Mubin	FYBSC	9366044160	Muskan
25	Ayesha sayyed	FYBSC	7756054908	Ayesha

# AKI's Poona College of Arts, Science & Commerce, Pune-01

## Attendance Sheet for Students

Date of Activity: 31-05-2022		Time Slot: 12noon - 1.30pm	
Activity Name: Awareness on "Red Dot Campaign"	Teacher Incharge: Dr. Hafreen.	Guest: - Mrs. Anjum Mulani	
Organizing Dept/Committee: NSS		Report Generated by: Dr. Hafreen.	
Total Number of Students Attended: 68			

Sr. No.	Name	Class	Mobile No.	Signature
26.	Ansari Mantasha	FyBSC	9595102078	<u>Mantasha</u>
27.	Pathan Afsana	FyBSC	9766577788	<u>Pathan</u>
28.	Fasiha Bogdi	FyBSC	8669418797	<u>Fasiha</u>
29.	Reshma Shaikh	FyBSC	9067998856	<u>Reshma sh.</u>
30.	Mantasha P.Md. Imran Shaikh	Fy.BSC.	7822826576	<u>Mantasha</u>
31.	Habiba Mamdal	T.Y.B.Sc	9579076629	<u>Habiba</u>
32.	Samaiya Shaikh	FyBSC	8484831015	<u>Samaiya</u>
33.	Maseera Shaikh	SyBSC	9112698432	<u>Maseera</u>
34.	Shaikh Zeenat Mohammed Ali	F.Y.BSC	7249537911	<u>Zeenat.</u>
35.	Tajmeer Rafiya Shafi	F.Y.BSC	7972550976	<u>Tajmeer</u>
36.	Pathan Zeba Magsood	FyBSC	7219140347	<u>Zeba</u>
37.	Sayyed Asma Shafi	FyBSC	8888999379	<u>Asma</u>
38.	Shaikh Munazza Qadir	B.FYBA	7420837323	<u>Munazza</u>
39.	Baqwan Aqsa Ismail	FyBSC	9890287331	<u>Aqsa</u>
40.	Sayyed ulhal Md. Jilani	FyBSC	7385381947	<u>ulhal</u>
41.	Ansari Sadiya Ashraf	SyBSC	8788281610	<u>Sadiya</u>
42.	Durgade Priyanka Pandurang	Sy.BSC	8605591044	<u>Priyanka</u>
43.	Baqwan Tanzila Sameer	Sy.BSC	9766078697	<u>Tanzila</u>
44.	Peerzade Saniya Iqbal	Sy.BSC	7666473325	<u>Saniya</u>
45.	Sayyed Huda Wasim	Sy.BSC	7666605389	<u>H Sayyed.</u>
46.	Sagui Gausiya Bano Haider	T.Y.B.Com	9112877930	<u>Gausiya</u>
47.	Sajeda Hussain Shaikh	F.Y.BCOM	9112103379	<u>Sajeda</u>
48.	Mushrif Saniya Nacem	T.Y.B.COM	8459862969	<u>Mushrif</u>
49.	Pillay Riya Ravi	SyBSC	9156219643	<u>Pillay</u>



## Attendance Sheet for Students

Date of Activity: 31-05-2022. Time Slot: 12 noon - 1.30 pm  
 Activity Name: Awareness on "Red Dot Campaign" Teacher Incharge: Dr. Hafreen.  
 Organizing Dept/Committee: NSS

Total Number of Students Attended: 68 Report Generated by: Dr. Hafreen.

Sr. No.	Name	Class	Mobile No.	Signature
50	Shaikh Al-Shifa Nazir	SYBSC	9766744681	
51	Shaikh Ayesa Sohail	FYBSC	740879700	
52	Sheikh Uzma Intiyaz	FYBSC	9922259313	
53	Arshiya Sheikh	FYBSC	9359279441	
54	Tanzila Javed Adte	FYB COM	8308376119	
55	Bhakti Manoj Khare.	FYBcom	9765384778	
56	Khan Aasma Amjad	FYBcom	9112420856	
57	Bhavana Anand Mehta	FYB COM	7249638107	
58	Purnelhi Muskan Salim	FYB COM	8482912907	
59	Khan Anam mukhtar	FYB COM	9175838352	
60	Khan Alfiya Muslim.	FY.BSC	8669668240	
61	SHAIKH RAZIYAH NADEEM.	FY.BSC	758832798	
62	BAZILA SAMEER KHOT.	FY.BSC.	7620730959	
63	Misbah Ansari	Fy.BSc.	8421886856	
64	Khem Rumana	TyBA	702890300	
65	Shaikh Afshanaw	S.Y.(BSC)	8239206426	
66	Khem Anam Intiyaz	SY(BSC)	786968509	
67	Ansari Ruma Sakil	dyBsc	9623432578	
68	Attar Salina Ab. W.	SYBsc	7875754603	



Y & M Anjuman Khairul Islam's

# POONA COLLEGE OF ARTS, SCIENCE AND COMMERCE

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## DEPARTMENT OF ENGLISH & POSTGRADUATE CENTERACTIVITY REPORT

(2021 – 2022)

### I. Basic Details:

Name of The Activity: <i>Invited Talk on 'Pre- Marriage Counselling'</i>			
Date	Faculty	Department/ Committee	Coordinator Name & Phone no.
8 <sup>th</sup> March, 2022	Arts	NSS	Dr. Ashwini Purude (9763493979)
Time	Venue	Activity for class/group & student number	Nature: Academic/co- curricular / extracurricular/ Environmental/ social/ other
4:00 pm to 5:15pm	Zoom Conference (Online)	32 students and staff	Extra-Curricular

### II. Brief Information about the Activity (Criterion no - ):

<b>Topic/ Subject of the activity</b>	<i>Invited Talk on 'Pre- Marriage Counselling'</i>
<b>Objective for conducting the activity</b>	<ul style="list-style-type: none"><li>✓ To celebrate International Women's Day</li><li>✓ To highlight the importance of pre- marriage counseling among the students</li></ul>
<b>Methodology</b>	The delegates were welcomed by Dr Aafreen Ahmed, NSS, Programme Officer. The resource person, Prof Medha Purkar began the talk with the importance of counseling in today's stressful life. Her PPT gave an insider view of how important it is to counsel the students regarding pre- marriage counseling.
<b>Outcome</b>	The delegates learnt the importance of counseling from an expert. The participants also learnt the pros and cons of marriage and how to handle post- marriage situations.

### III. Proofs attached: letters/ student list of participation/ certificate/ document/photos/ any other

1. Descriptive Report	2. Flyer of the programme	3. Captioned Photos with date
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## DESCRIPTIVE REPORT

National Service Scheme organized an Invited Talk on 'Pre- Marriage Counselling' on 8<sup>th</sup> March, 2022 on the eve of International Women's Day. Prof. Medha Purkar, Head of French Section of Symbiosis Institute of Foreign and Indian Languages was the Chief Speaker of this invited talk.

The talk was organized on the occasion of International Women's Day. The talk was organized to discuss the importance of pre- marriage counseling among the students.

The delegates were welcomed by Dr Aafreen Ahmed, NSS, Programme Officer. The resource person, Prof Medha Purkar was introduced by Dr Ashwini Purude. Prof. Purkar began the talk with the importance of counseling in today's stressful life. Her PPT gave an insider view of how important it is to counsel the students regarding pre- marriage counseling. She also gave relevant examples from day to day life.

The participants also learnt the pros and cons of marriage and how to handle post- marriage situations. The session concluded with question – answers session.



**Higher and Technical Education Department  
Government of Maharashtra  
and Internal Quality Assurance Cell  
Poona College of Arts, Science & Commerce, Pune  
National Service Scheme (NSS), National Cadet Corps, Board of Students  
Development  
organise**

## INTERNATIONAL WOMEN'S DAY

INVITED TALK ON "PRE-MARRIAGE COUNSELLING"



Resource person: Prof. Medha Purkar,  
Head, Symbiosis Institute of Foreign & Indian Languages (French Section)

Date: 8th March, 2022

Time: 4.00pm using Zoom





































Flyer of the Programme



Close

Participants (32)

Search

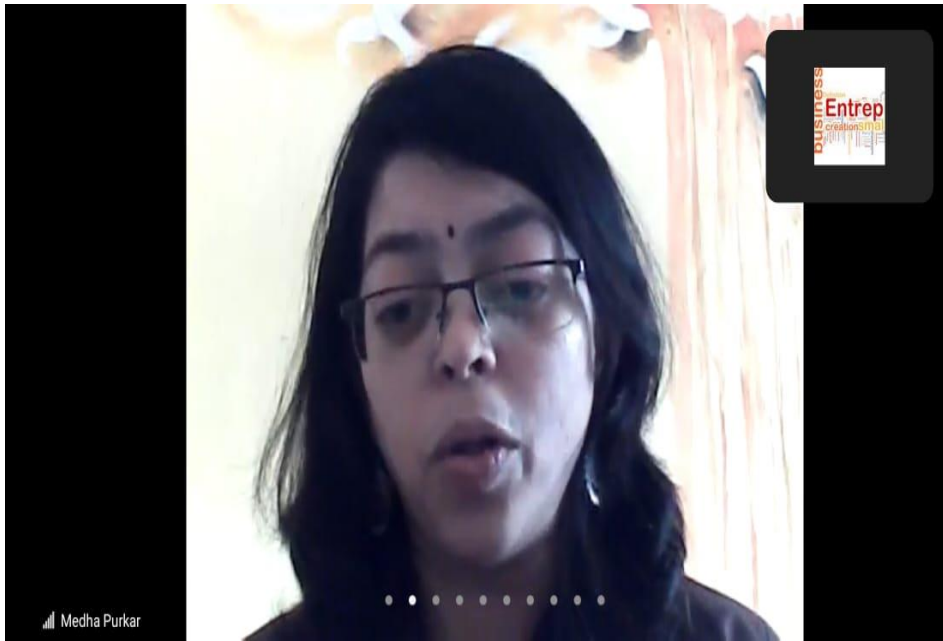
-  Dr. Akbar Sayyed (Co-host, me)  
-  Commerce Professor (Host)  
-  Medha Purkar  
-  1064 Delphina Kerketta  
-  6162 Uzma Shaikh  
-  6212 Sophiya Shaikh  
-  6780 Uzma Sameer  
-  7518 Alshifa Nazir Shaikh  
-  A - 2360 -Bhavana Mehta  
-  Arshin Shaikh  
-  Asst Prof. Deepika Kininge  
-  Bhavana Deshpande  

Invite

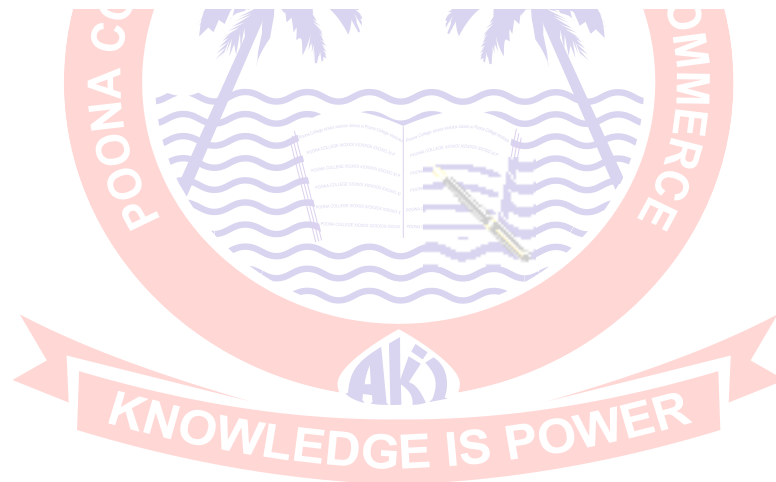
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Screenshot of the Participants



Resource person, Prof Medha Purkar guiding the participants





Y & M Anjuman Khairul Islam's

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## ACTIVITY REPORT

(2021 - 2022)

### I. Basic Details:

<b>Name of the Activity: Visit to Home for the aged on International Women's Day</b>			
<b>Date</b>	<b>Faculty</b>	<b>Department/ Committee</b>	<b>Coordinator Name &amp; Phone no.</b>
09/03/2022	-----	NSS	Dr. Aafreen A. Ahmed.
<b>Time</b>	<b>Venue</b>	<b>Activity for class/ group student number</b>	<b>Nature: Academic/co- curricular / extracurricular/ Environmental/ social/ other</b>
3.00pm to 5.00pm	-----	NSS volunteers/ 11 Staff/08	Social

### II. Brief Information about the Activity (Criterion no - )::

<b>Topic/ Subject of the activity</b>	Visit to Home for the aged on International Women's Day
<b>Objective for conducting the activity</b>	To inculcate in the youth, respect and care for the elderly.
<b>Methodology</b>	Visit to Prem Nivas, Home for the aged.
<b>Outcome</b>	Students interacted with the inmates of Prem Nivas, got to know their stories and befriended them.

### III. Proofs attached: letters/ student list of participation/ certificate/ document/photos/ any other

<b>1. Notice</b>	<b>2. Attendance</b>	<b>3. Photos</b>
<b>4. Report</b>	<b>5.</b>	<b>6.</b>

## **REPORT: Visit to Home for the Aged on International Women's Day**

**9<sup>th</sup> March, 2022:** Every year, 8<sup>th</sup> March is earmarked as International Women's Day, symbolic of the historic journey women around the world have taken to. NSS Unit of AKI's Poona College of Arts, Science & Commerce celebrated this day by an online lecture on 8<sup>th</sup> followed by a visit to the home for the aged: Prem Nivas, on 9<sup>th</sup> March.

The NSS Lady Program Officer, Dr. Aafreen A. Ahmed, spoke to the concerned care taker at Prem Nivas to find out how they could be of help. Accordingly, NSS girl volunteers and female staff bought essentials for the inmates and visited them on 9<sup>th</sup> March at the appointed time.



### **9<sup>th</sup> March, 2022: NSS girl volunteers with the donations in kind.**

The volunteers spoke to every senior citizen at Prem Nivas with concern and care. They got to know about their life experiences, how they got there and what they wanted from life. To liven up the atmosphere and bring smiles to those tired, greived faces, all played antakshari, sang songs and some danced too! It was a pleasant sight to see the smiles and tears of joy on every face.

11 volunteers and 8 staff from college visited the place. The girls promised to visit the place often and also donate on a regular basis. They went home with a promise to take care of their own grandparents and the elderly in their families.





**9<sup>th</sup> March, 2022: Volunteers performing for the aged at Prem Nivas**



**9<sup>th</sup> March, 2022: Staff of Poona college & NSS volunteers with residents of Prem Nivas, Home for the aged**



**AKI's Poona College of Arts, Science & Commerce, Pune-01**

**Attendance Sheet for Students**

Date of Activity: Wednesday, 9th March 2022		Time Slot:	
Activity Name:	VISIT TO OLD AGE HOME: "PREM NIVAS"	Teacher Incharge:	Dr. Jafreen & Dr. Ashwini Purude
Organizing Dept/Committee: National Service Scheme			
Total Number of Students Attended: 11		Report Generated by: Dr. Ashwini Purude	

Sr. No.	Name	Class	Mobile No.	Signature
1	Bhavana Anand Mehta	FYBCOM	7249638107	
2	Asma Amjad Khan	FYBCOM	9112420856	
3	Asma .S. Mujawar	F.Y.bsc	9225543738	
4	Selviangel Swamy	Sy bsc	8805636453	
5	Saniya Shaikh	Sy.Bsc.	7709870861	
6	Sadaf F. Shaikh	Fy . Bsc	7448005043	
7	Mubashira . Shaikh .	Fy bcom	9857493802	
8	Shabeena Mehboub Khan	S.Y.B.A	9775979169	
9	Fatima Zehra	S.Y.BSc.(CS)	8805193284	
10	Reem Sayed Sajid	FYBA	8669789060	
11	Shaikh Uzma Sameer	FY bsc	7385578258	
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**AKI's Poona College of Arts, Science & Commerce, Pune-01**

**Attendance Sheet**

Date of Activity: Wednesday, 9th March 2022		Time Slot:	
Activity Name:	VISIT TO OLD AGE HOME: "PREM NIVAS"	Teacher Incharge:	Dr. Safreen & Dr. Ashwini Purude
Organizing Dept/Committee: National Service Scheme			
Total Number of Staff Attended: 08		Report Generated by: Dr. Ashwini Purude	

Sr. No.	Name	Department	Mobile No.	Signature
1	Dr. Ana Mateen	Economics	9325976513	<i>[Signature]</i>
2	Dr. Ashwini Purude	English	9763493971	<i>[Signature]</i>
3	Dr. Safreen A. Ahmed	Botany		<i>[Signature]</i>
4	Ms. Shaheda Ansari	Comp. Sc.		<i>[Signature]</i>
5	Mrs. Shabeena Khan	Comp. Sci		<i>[Signature]</i>
6	Ms. Heena M. Sayyed	BBA		<i>[Signature]</i>
7	Ms. Baig Ismael	Comp Sci		<i>[Signature]</i>
8	Deepika A. Kininge	BBA		<i>[Signature]</i>
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Anjuman Khairul Islam's

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## NOTICE

06/03/2022

### Visit to Prem Nivas

All the NSS girl volunteers and female staff of Poon College of Arts, Science & Commerce are advised to participate in the *Celebration of International Womens Day* by *Visit to Home for Aged: Prem Nivas*

**Date:** 9<sup>th</sup> March, 2022.

**Reporting Time:** 02.30 pm (IST)

**Venue:** Prem Nivas, Hidayatullah Road, Pune.

**Note:** All volunteers to report at 2.30pm sharp at college gate

**Prof. (Dr.) Aftab Anwar Shaikh**

Principal